

HUMANITARIAN PROJECT FINANCING APPLICATION

1.	Project name	"School for Mothers"
2.	Organization name	"Mogilev Polyclinic No. 6" Healthcare Institution
3.	Physical and legal address of the organization, phone, fax, e-mail	Republic of Belarus, 41 Schmidt Avenue, Mogilev, 212035. phone number: +375222739264, fax: +375222499696 e-mail: priem let@mp6.by
4.	Information about the organization	<p>"Mogilev Polyclinic No. 6" Healthcare Institution (15/02/2017 registration of a legal entity) is a healthcare organization that provides outpatient medical care and conducts medical examination.</p> <p>The main objectives of the institution are:</p> <ol style="list-style-type: none"> 1. Implementation of the state policy in the field of health protection based on the principles of medical care accessibility and prevention-oriented healthcare. 2. Providing primary medical care to the population. 3. Timely and high-quality checkup, treatment and rehabilitation of patients. 4. Interaction and continuity with other healthcare organizations. 5. Improving the quality of medical care and other services. 6. Ensuring the sanitary and epidemiological welfare of the population. 7. Formation of a responsible attitude of the population towards maintaining, strengthening and restoring their health and the health of others. 8. Priority of preventive measures. 9. Development of the material and technical resources of the institution.
5.	Head of organisation	Chief Medical Officer Kondakova Tatyana Anatolievna, +375 222 73-92-64

6.	Project manager	Cheburkova Marina Viktorovna (Deputy Chief Medical Officer), +375 29 325 82 42; Borodina Maria Olegovna (Head of the Department for the off-budget activity development), +375 29 558 33 72
7.	Previous financing received from other foreign sources	There was no such cooperation.
8.	Required amount	25,000 Belarusian rubles
9.	Co-financing	1,000 Belarusian rubles (extra-budgetary funds of "Mogilev Polyclinic No. 6" Healthcare Institution)
10.	Project duration	1 year from the start of the project
11.	Project aim	Successful preparation of pregnant women for childbirth, prevention of complications and diseases during pregnancy, childbirth, and the postpartum period.
12.	Project objectives	<ol style="list-style-type: none"> 1. to increase patients' awareness about pregnancy, childbirth, the postpartum period, and risk factors; 2. to increase patients' responsibility for maintaining their health; 3. to establish a priority for breastfeeding; 4. to increase the awareness of expectant mothers about the peculiarities of psychological development, nutrition and child care in the first year of life; 5. to prepare for the arrival of a newborn from a maternity hospital (child care, communicable diseases prevention, prophylactic immunization).
13.	Detailed description of the project activities in accordance with the objectives	<p>The creation of a school for expectant mothers "School for Mothers" (hereinafter referred to as the School) on the basis of a maternity welfare center of the institution.</p> <p>The organization and control is assigned to the obstetrician-gynecologist (head of the maternity welfare center). An obstetrician-gynecologist, a</p>

		<p>midwife and a psychologist are engaged in educational activities.</p> <p>In accordance with the subject of the classes, the following medical specialists may participate in the training process: pediatrician, exercise therapy instructor, endocrinologist, etc. When choosing the format of the lesson (popular lecture, lecture-dialogue, game, training), the age and level of preparation of the participants are taken into account. Classes are structured on a "simple-to-complex" basis.</p> <p>The most suitable form of classes is evening classes, 3-4 times a month. The optimal number of participants in a group is 6-12 people.</p> <p>The target group to be trained is pregnant women who are under dispensary observation for pregnancy at the institution's maternity welfare center.</p> <p>Patients are referred to the School by their attending physician or local midwife.</p> <p>Upon completion of the curriculum, final classes are held in the form of interviews with participants on the main issues of the material covered.</p> <p>For effective training, visualization and visual propaganda, it is necessary to purchase the following equipment and materials:</p> <ul style="list-style-type: none"> - interactive board; - information resources (diaries, memos, brochures, posters); - computer, audio/video equipment; - baby changing table, doll (baby), fake breast model for baby feeding, swaddling accessories.
<p>14.</p>	<p>Project background</p>	<p>The protection of motherhood and childhood is the most important priority of the state social policy.</p> <p>The birth of a child is an important event for every person and a new stage in the life of a family.</p>

		<p>During pregnancy, a woman, in addition to the joy of expecting a child, has many questions and fears that greatly affect her physiological and emotional state. Therefore, expectant mothers need to receive information from professionals in an accessible and correct form. Classes at the School are aimed at developing a positive attitude towards motherhood, a thoughtful and conscious attitude towards one's condition, women's awareness of the joy of motherhood, and the formation and strengthening of an emotional connection between mother and child. Communication with like-minded people during the learning process is of great importance as it gives the opportunity to recharge with positive emotions.</p>
15.	Post-project activities	<p>In the long run, we plan to develop related areas:</p> <ul style="list-style-type: none"> - Pregnancy planning courses; - Preparation courses for expectant fathers.
16.	Project budget	26,000 Belarusian rubles